

Season Information:

Mountain Biking



With Mountain biking there are events throughout the year and there will be entry fees associated etc. Students interested in competing in events must complete the registration form. They will then be placed on a google classroom and all correspondence regarding events will be posted in the classroom.

Trials: Open to all interested bikers

Trainings: There are not team trainings. After school rides will be advertised in the notices or contact Mr Moir for more information

Competitions:

Otago Southland Secondary School DH Champs

South Island School Mountain Bike Champs

Cost: No cost unless entering events

Uniforms: Supplied if attending competitions for DHS

Equipment Required: Full suspension mountain bike

For more information email Kerry Moir (TIC) kmoir@dunstan.school.nz

Journeys

Journeys is an outdoor adventure programme with no cost for Central Otago girls and young women. We have a welcoming and supportive female only environment so that girls feel safe and can have a go at some new challenges.

Mountain bike Journeys will introduce girls to adventuring on bikes at a level that is suitable for everyone, and gradually teach mountain bike skills along each weekly Journey as we explore new places, in small groups led by inspiring female instructors.

Girls Biking (Summer)

When: Journeys runs for two hours on either Tuesday or Thursday (5.30-7.30pm). The bike season has six weeks in Term 1 and six weeks in Term 4.

Cost and Gear: There is no cost and we can provide all equipment and outdoors clothing that is required, including bikes if needed.

Girls Outdoor Adventuring (Winter)

These adventures involve some walking, scrambling, route finding and navigation. We hang out together outdoors at dusk and in the darkness, and discover local wild places we didn't know existed. Sharing kai and a hot drink, and learning how to take care of ourselves in challenging weather is an important part of On Foot Adventures.

When: Journeys runs for two hours on either Tuesday or Thursday (5.30-7.30pm). The winter On Foot season runs for 12 weeks, from the beginning of June.

Cost and Gear: There is no cost and we can provide all equipment and outdoors clothing that is required.

For more information and to register, please visit our website www.journeys.org.nz, or email Megan/Kim on journeys.central.otago@gmail.com