

**JOURNEYS
INSPIRE'S** OUTDOOR
ADVENTURES
FOR **YOUNG
WOMEN**

Ages 16-24

**Mondays 5.30-7.30pm
November—February**



Connect with new wahine through the summer.

- ▶ **Have a go on Monday 4th November:** ◀
A cruisy explore on bikes and find out more.
No cost and gear available to borrow.

You choose your sessions (no prior experience needed):
Stand Up Paddleboarding • Lake Swimming • Mountain Biking
Moving Water • Waka Ama

*Keep in the loop about what's happening by signing up to
"get involved" on our website or email us.*



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