

**GIVE ROWING A GO!**

# LEARN TO ROW

**DUNSTAN ARM ROWING CLUB**

**10 September & 01 October**

**9am - 11am**



- Row amongst current NZ age group representatives
- Opportunity to row at both NZ Champs and Maadi Cup
- Opens doors to row and study in the US
- Challenge yourself in a safe & fun environment
- Get fit and improve strength
- Have fun with your mates!



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