



# Know what to do with Hato Hone St John

You never know when you may need to help in an accident or medical emergency. Gain knowledge and confidence to provide effective first aid.

FREE Child First Aid Course - NZQA unit 25459

Where to go for help - scene assessment - CPR - managing choking - control of bleeding  
severe allergic reaction - breathing problems - seizures - fractures - burns - poisoning

To register for this free course provided by St John Alexandra, contact:

Sandra Skinner - E: [sandra.skinner@stjohn.org.nz](mailto:sandra.skinner@stjohn.org.nz) or M: 027 217 8267

Require attendees name, email & contact phone - confirmation of booking will be sent

Pre-requisite - all attendees must be 14 years or older

## Train with the experts

To book your next St John First Aid Training course in  
visit [buy.stjohn.org.nz](http://buy.stjohn.org.nz) or call **0800 FIRST AID (0800 347 782)**.

Child First Aid - FREE community course for parents, grandparents and family caregivers:

Saturday 29 July 2023 from 9.00am to 1.30pm

St John - 40 Brandon Street, Alexandra (public entrance on Bantry Street)



**Hato Hone  
St John**